

Community Resources

ASSESSMENT CENTER:

Northern Michigan Regional Entity (NMRE) – (800) 834-3393

DETOX, RESIDENTIAL & OUTPATIENT CENTERS:

***Addiction Treatment Services (ATS), Traverse City**

Detox (231) 346-5216

Residential (734) 720-0156

Dakoske Hall (Women's inpatient)

Phoenix Hall (Men's inpatient)

***Alcohol Drug Treatment Center**

Munson Healthcare Regional Foundation

Residential (810) 503-4273

***Catholic Human Services, Cheboygan**

Outpatient (231) 627-9917

***Harbor Hall, Petoskey**

Detox & Residential (231) 347-5511

Outpatient Petoskey (231) 347-9880

Outpatient Cheboygan (231) 597-9235

***New Hope, Sault Ste. Marie**

Residential (Men & Women)

New Hope in Negaunee (Adolescent Service Center)

(906) 228-9696 (Toll Free (855) 906-4572)

***Sunrise Centre, Alpena**

Detox & Residential (989) 356-6649

SMART Recovery

Pellston Airport Conference Room

1395 US 31, Pellston

(231) 420-4088 or (269) 267-0995

Wednesday evenings 7 pm – 8:30 p.m.

www.smartrecovery.org

Celebrate Recovery

Black River Church

Orchard Beach Road, Cheboygan

***Bear River Health at Walloon Lake**

Detox, Inpatient & Residential (231) 535-2822

***NMSAS (Northern Michigan Substance Abuse Services) Recovery Center**
(989) 732-1791

***NMSAS Recovery Support Services (including Peer Recovery Coaches)**
(989) 732-1791

AL-ANON FAMILY GROUPS:

Cheboygan – St. Thomas Lutheran Church, Wednesday at 7:00 p.m.
Traverse City, (231) 938-7399

RECOMMENDED BOOKS:

Codependent No More: How to Stop Controlling Others and Start Caring for Yourself, Author:
Melody Beattie
Addictive Thinking and the Addictive Personality, Author: Craig Nakken